



## Krista Langille, Nanaimo, British Columbia

I have been a periodontist in BC for almost 30 years. During this time, I have had the privilege to work alongside several very skilled, compassionate, and knowledgeable hygienists. Some have risen to mentor others and into academics. They have all been key to offering exceptional care to our clients. I have moved to a new community and built a new office (about 2 years ago). I was fortunate to have been contacted by Krista when she learned of my new specialty practice. I cannot adequately describe the enthusiasm and magnetic personality that this young woman has. I instantly knew that she would be a key to the growth and success of our clinic. Krista probably doesn't sleep- she is a wonderful mom to 2 awesome kids, so involved in their lives. She has a very loved fiancée and is a health and fitness addict! Despite her busyness, she whole-heartedly threw herself into developing our protocols, promoting our clinic, and sharing with our community how we strive for excellence in patient care and how we partner through education to elevate our dental community. Krista is an exceptional colleague- a true teammate to her coworkers. Always there to help where needed to make the clinic run efficiently, and seemingly calm even during those harried moments that sometimes happen. Never an attitude ... positivity exudes from her from the moment that she arrives in the clinic to her departure. I can say that literally, every second patient will tell me how exceptional she is, how she has helped them shape their path to better oral health and systemic well-being. She comprehensively guides them through individualized education. From the eyes of an experienced periodontist, I will also say that her skills are exceptional. Without insulting my prior fabulous RDHs, Krista's skills far exceed what I could have hoped for. She is very clear in saying that her prior 10 years of practice with an exceptional dentist were important in her development, but as she reflects on her last 20 months with perio-mentorship, a new focus on diagnosis and treatment planning, the ability to use new tools and concepts, she recognizes her continued growth and development. She recently volunteered to put together a lecture for our hygiene study club on a subject that interests us relating to new concepts in patient care and management of the oral microbiome. She researched and consulted with other colleagues to guide her approach. She pushed out of her comfort zone to produce a clean lecture. What was even better, was her ability to ad-lib with me during the



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zoom webinar ... we dialogued and made it interactive and informal ... it brought a better level of connection with the audience. She naturally interjected with her RDH senses during my subsequent presentation ... again making the subject more applicable to our audience. I have lectured extensively and globally, and I was seriously impressed by her ability to connect! She inspires me to want to grow alongside her. I feel lucky to know Krista, as do her colleagues. Our patients are the recipients of exceptional care. The dental hygiene community has an exceptional representative on Vancouver Island.

Krista brings a wealth of knowledge to our specialty clinic and is our go-to hygienist. Always keen to learn and ready to help, whether it is in our study club or at the office, she is a pleasure to work with. I have worked with many skilled hygienists in the past, and my clinical results with Krista after her initial therapy appointment are unsurpassed. I am always blown away. The patient satisfaction increased in dental knowledge and motivation is clear. We need more people



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