



Tina Mavriyannakis, North York, Ontario

There are people who have a job, people who have a career, and people who have a passion. Tina clearly fits into the third category. She has been at the forefront of dental hygiene for over 20 years, putting the patient, their care, and their experience first and foremost.

There is no one who has leveraged technology like she has to transform patient care, whether being one of the first hygienists to use a CEREC system to mill and cement crowns, to making her offices fully digital, to her most current endeavour—The Smile Room—which brings dental hygiene into the offices of her corporate clients.

Tina realized that time was one of the greatest challenges for people seeking to maintain great oral hygiene. Everyone is busier today than ever and the commute and time lost getting to and from the office made a 45-minute appointment a half-day procedure. What better way to solve it than to take dental hygiene services to their place of work. Tina created a fully digital and mobile hygiene experience that allows her to go into businesses like IWG/Regus, Food Banks Canada, League, Wave Accounting, FleetComplete, and others and make dental hygiene as accessible as a walk down the hall from a person's desk. She is making dental hygiene part of the health-at-work discussion. There are no paper medical forms, no insurance forms, no waiting rooms, parking fees or phone call reminders. You go online, book your appointment like any meeting, and you are back at your desk in as long as it takes to walk down the hall.

Tina is a hygiene superhero because she isn't doing this for herself, but rather to promote patient care and her hygienist peers. Along with launching The Smile Room she has assisted several of her hygienist peers to become self-initiated. A champion of dental hygienists, she sits on two dental hygiene boards, one in Canada and one that is North American. A selfless individual, when George Brown College reached out earlier this year for staffing help due to a crisis and asked her to step in and start teaching, she rearranged her schedule and was there on Monday.

Empathy, Lift Everyone Up, Pay it Forward, and Put the Patient First: these are the values that Tina lives by.



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I am nominating Tina for her professionalism and passion for her job. She provides excellent care to her patients and always takes the time to educate them on oral care and the importance of oral care. She has a great attitude and always does her best to provide the best care. She's the dental hygienist I trust and feel most comfortable with.

Tina is the embodiment of the future of profession. My partner and I have been clients of hers for years and we have always admired and appreciated her professionalism, her skills, her client-focused approach, and her ability to educate her clients on oral health. She even convinced me to start flossing! When she started The Smile Room, she exceeded all of our expectations: not only do we think she's the best at what she does, but now she comes to us instead of us having to go see her in a dental office—it's brilliant! I cannot think of someone more deserving of this award. She represents the best of the future of the profession.

Tina Mavriyannakis is the ONLY reason I have continued to visit my dental office. Tina has such a wonderful way with patients and never makes you feel guilty or self-conscious in her chair, as many other dental professionals often do. She is extremely professional and thorough, but gentle-handed and completely relatable. Her wealth of knowledge and years of experience never overshadow her passion for her work. Even as the years rolled on, and her professional resumé expanded to more advanced dentistry, she always made time for her regular patients. Her friendly and approachable nature would make any first-time patient feel comfortable. That is a skill that simply cannot be coached. Tina is an invaluable asset to any dentistry team, and I plan to follow her wherever she goes!

Tina is extremely professional, very caring, innovative with her corporate mobile dentistry company, and eager to make a positive difference in her clients' care.

Tina makes dental hygiene easy and accessible! She has always cared about her patients' health! She is always working so hard, and she makes you feel good about yourself.



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I cannot say enough good things about Tina and my experience with The Smile Room. She holds monthly clinic hours on site at the office where I work downtown. Tina really goes above and beyond every time. She makes the whole experience truly enjoyable (I NEVER thought I would say that about a dental appointment—haha)! She is so professional but above all, she is very warm and kind...and she ALWAYS manages to make me laugh. Whenever I am in her chair, I feel like I am just spending time with a friend. She is always available to answer questions between appointments, and she always has a fun goodie-bag available for you after each visit. I wouldn't imagine going anywhere else.

Tina is passionate about her work. She is an amazing hygienist and a very inspiring person to be around. She is always busy staying on top of everything and anything to do with oral health. Tina is doing exactly what she should be doing with all her experience and knowledge and deserves this award.

Tina is a passionate dental hygienist. She has always put her patients' oral health first and I admire that about her. I am so proud of Tina and her drive and talent. She opened The Smile Room again to put patients' oral health first and come to them instead of expecting them to come to her. She always educates her patients about their dental health in a kind and gentle manner. Patients just love her, and they get excited about wanting to improve their dental health. She truly deserves to win this competition as there is no better dental hygienist out there.

I have known and worked with Tina for almost 20 years. Watching her work and her interactions with patients inspired me to become a dental hygienist and then go on to study restorative hygiene. I continued to learn so much from her when we practised alongside each other in Toronto and Calgary. I continue to be inspired by her today as she leads the way, bringing a new type of dental hygiene to patients with The Smile Room.

Tina has successfully launched her mobile hygiene business with her trademark combination of working really hard and genuinely loving what she does. Even after moving to the UK, I still look forward to booking an appointment with Tina every time I'm in Toronto. Definite superhero material!

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Tina is not only an amazing health care worker and dental hygienist but also a super person! She cares for each person greatly and takes outstanding pride in how she manages her patients. Tina is also very innovative and brings new solutions and services to her customers, allowing for new and improved services.

Tina is a valuable resource as a hygienist. She is competent, passionate about the profession, and most of all she is very encouraging to her colleagues. She is a great role model for others.

Tina is an incredible RDH and entrepreneur, always looking to improve oral health. She is the most professional dental hygienist I have ever visited. She's caring and loving, and her positive energy just makes the experience a whole lot better. I love the fact that I'm actually excited to go out and get my teeth cleaned. She's hard working and dedicated. When it comes to The Smile Room, I know I'm going in with a smile and coming out with even a bigger smile.

Tina is a pioneer of restorative dental hygiene in two provinces and she passionately and continuously educates her patients about oral health. She has been working hard to increase access to dental care for all Canadians by taking her show on the road! This has led to more healthy mouths and many more are on the horizon!

Tina has been my hygienist for over 20 years. She has always made me and my family comfortable and has educated us in terms of what's being done and what needs to be done. She's honest and trustworthy.



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