



Trudy Hebbes, Ontario

Trudy is a true dental hygiene superhero!! Having worked as a dental hygienist for over 40 years, she tirelessly cares for medically compromised patients at Toronto Rehabilitation Institute. She often goes up to the patient's bedside to ensure nurses are caring for dental hygiene and educates everyone on the importance of proper dental care. She has led a research project with Dr. Schlosser (director of the dental clinic) on the astounding overall benefit of dedicated oral care program on periodontal status of medically compromised patients at Toronto Rehabilitation Institute Dental Clinic. Every patients loves Trudy! She is truly irreplaceable!!

As a dental administrator with an extensive background in private practice, working with Trudy in a rehabilitative hospital environment has proven to be a lifelong learning experience. The experience I possessed prior to working with Trudy, which was already extensive in its temporal nature, has been dwarfed by the knowledge, scientific evidence in dental research, patient accommodations and patient care that Trudy brings with her and shares with the rest of the dental team daily. For the last 11 years that I have been working with her, Trudy has tirelessly taught students and patients under her care, and hospital staff, about best evidence-based research practices that are emerging in the dental field. She is an advocate for her patients, as well as her profession. Her relentless, passionate demeanor, informative approach to problem solving and positive attitude, make a honest difference in the lives of our patients, many of whom are disabled (physically or cognitively). Trudy has an unmatched attention to detail and is dedicated to patient education, which she describes as a best preventative practice. With over 40 years of experience, Trudy is our dental superhero!

I have known Trudy Hebbes dental hygienist since I join this organization. Well, let me tell you that no one else like her that really stands out , she is the super hero amongst the hygienist in the whole organization as she is very caring, genuine and knows all the best technique to help our patients specially our type of patients here at the rehabilitation, she is not into the financial part but looking for what is best treatment planning for our patients...she works hard for more than 40 years as our dental hygienist and she deserves to be the one superhero.



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Trudy has been with our dental department for over FORTY years! She has been a leading and essential member of the dental department since she started. She has paved the way for amazing changes in oral care within our hospital dental clinic and throughout the hospital network. She has helped write the best practices in oral hygiene for nurses, helped in numerous studies, in respects to oral hygiene and dental flora. Not to mention the countless students Trudy has mentored and taught. Not only has she been a driving force within the hospital, she also maintains a very healthy lifestyle; participating on a dragonboat team, volunteering at her legion, her church, various marathons, as well as being active at her local gym. I could not think of a better and more deserving person for this title.



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