

Elizabeth Jones, Alberta

Elizabeth is in a class of her own. Her thoroughness, attention to detail, knowledge and wisdom along with her fabulous humour is backed by her passion and enthusiasm for what she does that engages you on so many levels. Hands down a superhero in today's world and in her profession.

She is Skilled, Unassuming, Preventative, Educated, Revitalizing, Happy, Effective, Reassuring, Observant i.e. SUPERHERO

“Is it a regular car wash or super car wash today?”, Elizabeth will ask my kids :). Elizabeth’s kindness, calmness, sense of humor and professionalism only begins to describe the incredible person she is. Elizabeth engages the kids while educating them on taking responsibility for their oral hygiene. From teeth pillows, tooth smoothers, pink dye, to choosing between regular car wash and SUPER car wash..... the experience is fantastic for all of us. I do not think Elizabeth even realizes how wonderful she is.

I have had many dental hygienists throughout my life but Elizabeth stands alone as my dental SUPERHERO. In a world that consistently prioritizes speed, efficiency and profit, I am challenged to find how this path combines successfully with healthcare. Elizabeth stands alone for this reason: she REALLY cares. She takes the time to understand her patient, what they are dealing with from a medical and mental perspective. She educates her patients so they are empowered to improve their health. This takes time, empathy, knowledge, experience, patience and these are all over abundant when you are under the care of Elizabeth. Her patients are her community and that makes a difference to us all!! It’s the simple things like listening, supporting, going out of her way to follow up with her patients if they are struggling and need extra support. Giving hugs and connecting to her patients makes the experience of getting your teeth cleaned feel like a coffee date with a good friend. I value her endless knowledge and guidance and am forever grateful for having a hygiene superhero in my life!

Until I began seeing Elizabeth Jones for my dental hygiene, I never realized how little I knew or had previously been told about the current state of my oral health, how critical it is to my overall health, or how to improve it! Elizabeth makes me feel like she and I are a ‘team’,

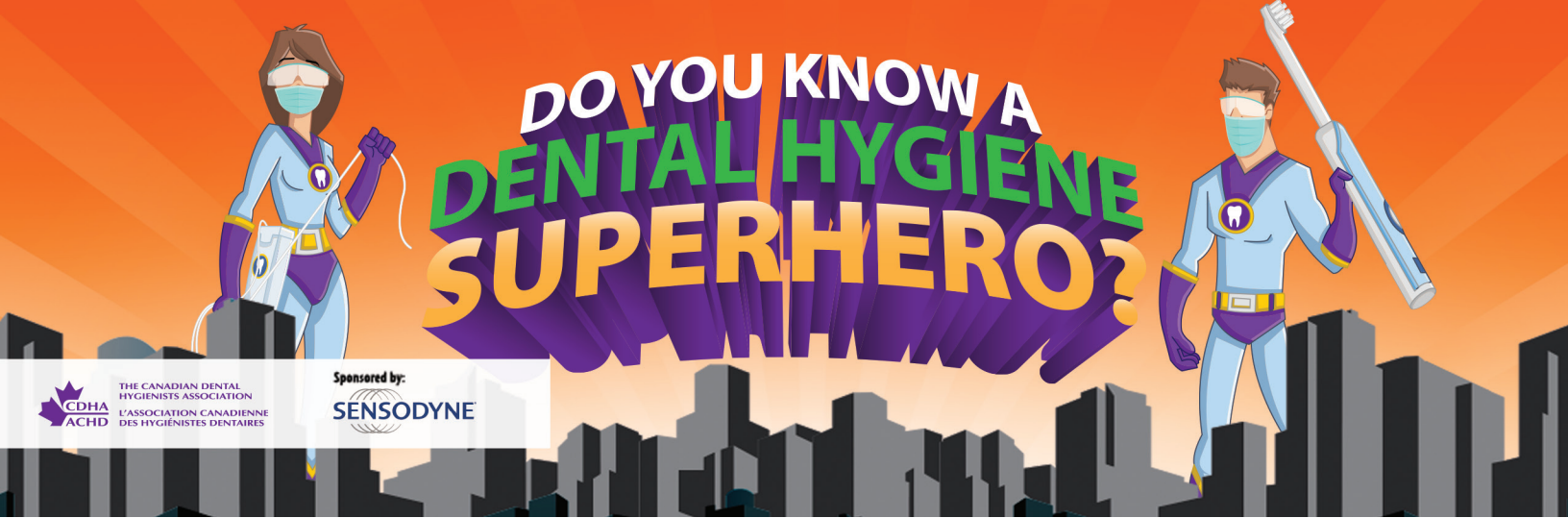


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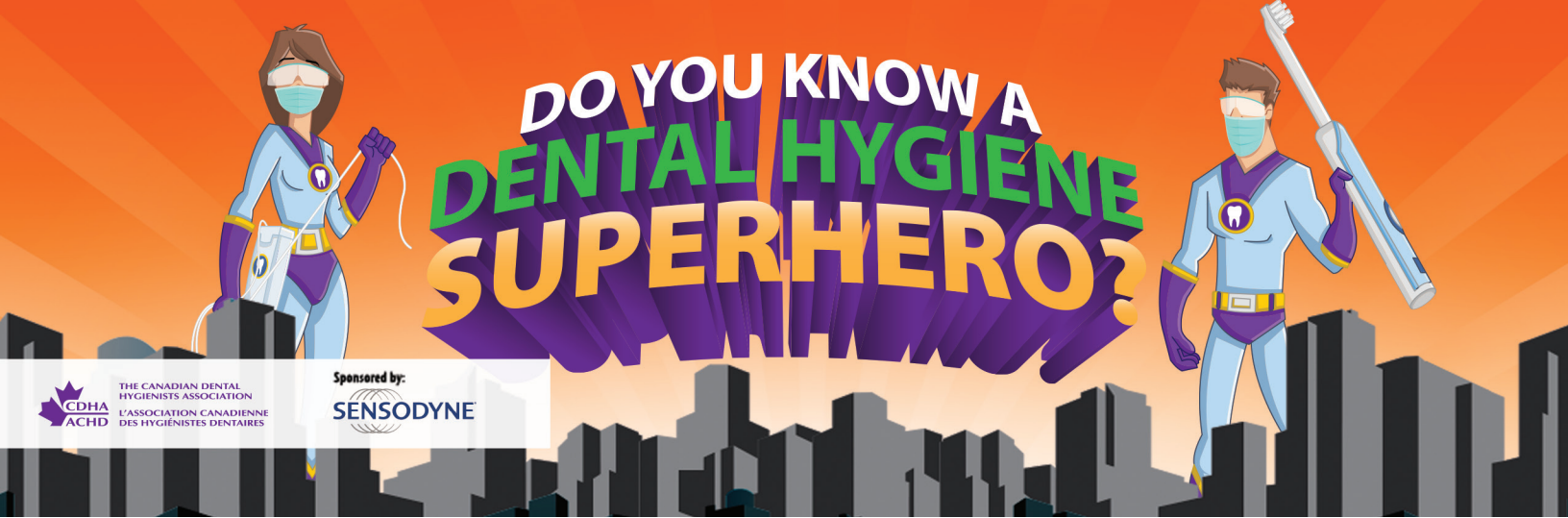


working together through both office visits and self-care to delay or reverse any negatives while always promoting the positives. I always leave her office feeling good that we're making steady improvement - which in turn makes the (let's be honest) sometimes tedious daily chore of flossing, poking, prodding, brushing, rinsing etc. all worthwhile. Elizabeth's s a self-professed dental hygiene nerd - her idea of time well spent is reading dental journals and research papers and sharing her knowledge with her clients. And because of her commitment to constant learning, I know that Elizabeth is thoroughly up to date and educated on the latest news, research, techniques and products on the market. I can't imagine entrusting my dental health and hygiene protocol to anyone else.

An incredibly caring, skilled, knowledgeable and giving clinician! As a periodontist that works with her in this industry, I can confidently say that she is 'the role model' for hygienists. I am fortunate to work with her. Her patients are the beneficiaries of great treatment! Often in referral processes, patients cannot remember the name of the referring dentist and almost never, the name of their hygienist. Not only do they always remember her name, but they almost verbatim express her concerns about their periodontal condition and treatment requirements. In my viewpoint, that says something about her impact on them. I wish her luck and hope that she will be recognized by her community.

Elizabeth has been the guardian of my oral health for more than 27 years. And because of this, I have a very healthy set of gums for a person who is over 80 years old. In all these years, Elizabeth has not only made sure that all is well with my oral hygiene but she has taught me how to take care of my teeth. And most importantly, my gums: from the correct way to brush my teeth, but also how to use the Sulca brush to get rid of plaque around my gums. In my opinion, Elizabeth is the most qualified hygienist I have ever had. She is thorough, caring, professional, and up to date on all the latest information that has to do with oral hygiene. And because of all of these things, I not only have a healthy mouth but also because of Elizabeth's care, I believe I have overall better health.

My family have been patients for 20 years. This is not just to Elizabeth. She takes great pride in her practice at being the best she can in her industry always going above and beyond. Her passion, knowledge and genuine interest in our oral health are clearly evident. She is so meticulous in ensuring that during and after the visit she explains techniques and provides us with tools to help us maintain our oral hygiene to help us prevent unnecessary dental work. We so appreciate how thoughtful she is in helping us stay within our budget by charging



fair and low-cost pricing. She always follows up with us and checks to see if we have any concerns or issues. Maintaining top notch dental hygiene and giving us sound advice is her mission! She is always available in emergencies and will even open her practice after hours if need be. We are also aware how she personally gives back to the community and helps those in need.

Elizabeth is truly a superhero due to her love of providing the best, custom care for her patients. She has often stayed late or started early to fit me in her schedule. She is so patient when answering questions and always fully explains her methods. I always feel empowered to do better when I leave her chair, rather than disappointed in myself for not doing better. Most recently I had to determine how best to take care of a few issues (crown, root canal, cavity repair) within my benefits budget; Elizabeth shared with me the benefits and risks of putting things off compared to what I can afford. She provided me with knowledge to make my own decision. So thankful to have found her.

Elizabeth has been taking excellent care of our family of three generations for more than twenty years. She quickly spots areas that require referrals to other dental professions. I am so grateful to her as her care has allowed me to keep most of my own teeth at almost 82 years! Also, Elizabeth has a very gentle technique and manner. I have moved twice, requiring a three hour car and ferry ride to maintain the excellent care and attention that Elizabeth has given me.

My wife and I used to live in North Vancouver but moved to Vancouver Island over 2.5 years ago and found a new dentist but don't use their hygienist as we prefer to travel for 4 plus hours (and \$200 return) to see Elizabeth every 4 months. She's simply the best as we have told others. She acts as a devil's advocate for our teeth health and recently found a small cavity that had been missed by our dentist.

She is so engaging as soon as you enter her room! Her superpower is making everyone in her presence feel so validated and relaxed! her energy is always so positive. She also has a such a realistic approach to educating me about dental care. It is very obvious she has a deep passion and conviction for preventative dental care! Her other super power is saving me money! By practicing preventative care I am reducing visits to the dentist!

I highly, highly recommend Elizabeth Jones. Our family has been going to her for around

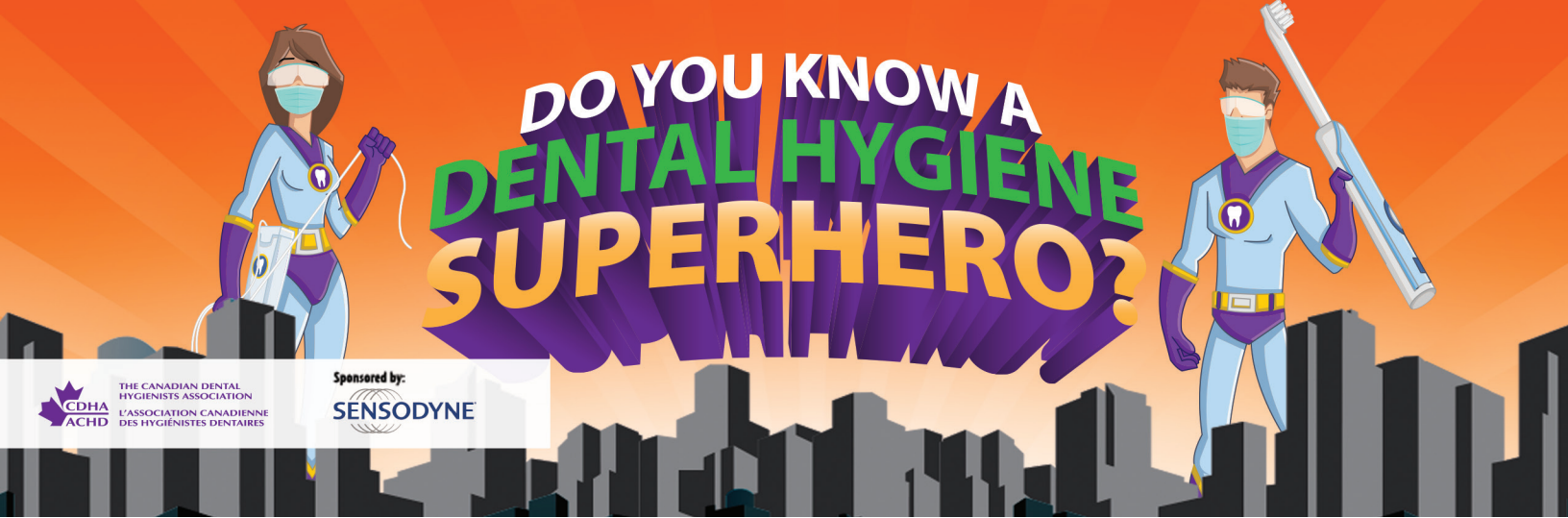


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20 years. She found orthodontic glue left on my teeth for five years that other hygienists overlooked! Our family loves her.

Suffice it to say, my mouth was in terrible shape with lots of bleeding. Elizabeth explained what we were up against and was very gentle, doing my first cleaning in two or three sittings. She suggested the correct toothbrush and of course, regular brushing, flossing, and cleanings. She spent a good deal of time explaining what could happen if good dental hygiene is not maintained. With her gentle guidance, I have maintained excellent dental health for the past 15 years. She has also taken my daughter under her wing who was a reluctant brusher and flosser and convinced her that good dental health was important to her overall health. She now takes very good care of her teeth with excellent check ups!

My teeth and gums were in bad shape, with a receding gum line and inflammation that had been there for a long time. No one had ever mentioned this to me before or offered to educate me on what was going on. Elizabeth was very upfront and honest with me, explaining what was happening, and teaching me some very easy and straight forward techniques to help better care for those fragile and sensitive areas of my gums. I heeded her advice and within weeks my oral health had improved. She also recommended some laser treatment that helped curb the deterioration drastically. If I hadn't met Elizabeth my gums would have continued to recede and I would probably have had to look at some more aggressive measures like skin grafting. I now go to Elizabeth regularly and always know she will be straight forward and honest with me about how I'm doing. The best interest of her patients is always her number one priority.

Elizabeth is always completing professional development and keeps up to date on the latest literature regarding dental hygiene and offers this information to her patients. She will also make extra effort to accommodate her patients if they are unable to attend at her regular office hours!! I have never had that kind of service from any professional!

I showed up to Elizabeth after diligently following my orthodontist's recommendation 25 years ago to not brush up near my gum line. Elizabeth walked me through correcting the issue and laying out a long-term plan to establish a lasting change. I appreciated her individualized attention so much. Her way of working and explaining things to kids is amazing, and she's helped me promote better dental health care with my son. She's Invaluable.

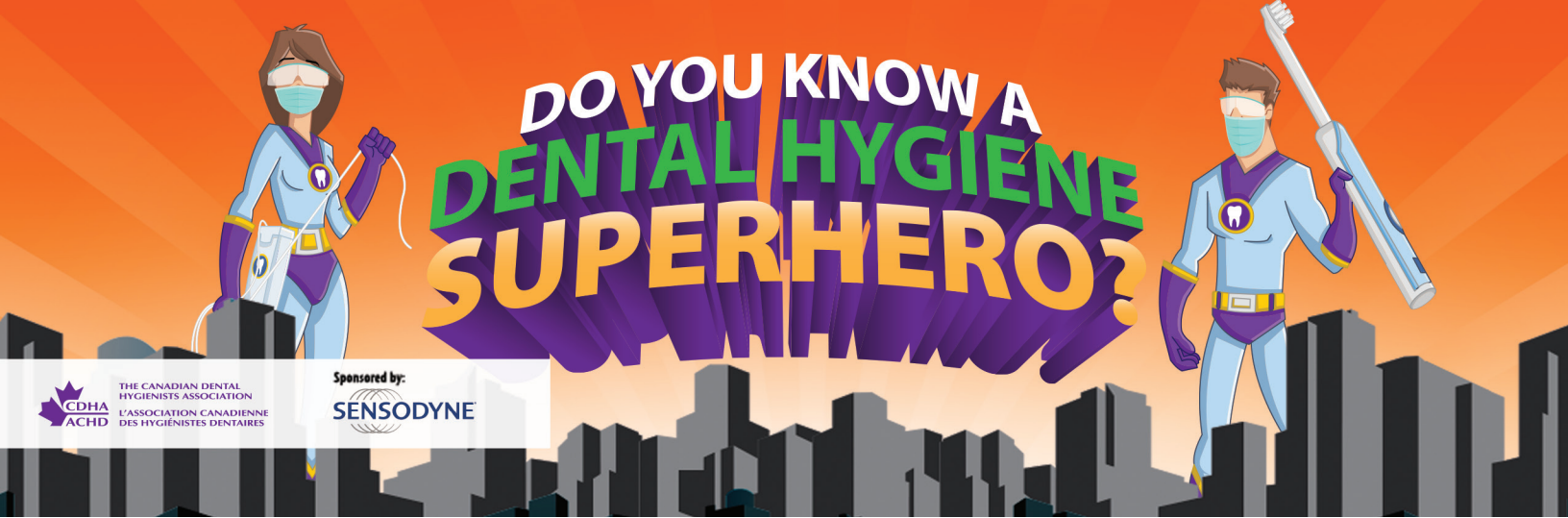


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Elizabeth has made a tremendous difference in the lives of myself and my son since joining her practice two years ago. She is immensely skilled at what she does, but more than anything, she cares deeply about the health of the individuals, families and children that she provides care for. She is incredibly thorough and invests an impressive amount of time in prevention education. With her positive, honest and unflappable demeanour, she has the ability to engage kids with humour, meeting them where they are at in a unique way that makes them care about the health of their teeth, and believe that they can do something about it. She even devoted her own personal time to track down the right toothbrush for me and has been instrumental in helping me change my relationship with my self-care, helping me respect and believe that I am worth it. Elizabeth is a one of a kind hygienist - highly skilled, unfailingly committed to her patients, and absolutely dedicated to furthering her own knowledge and that of her patients - I have never encountered another dental care provider like her. I can't think of anyone more highly deserving of this award than Elizabeth.

Elizabeth is the most thorough, professional and kind hygienist I have ever met. She takes the time to explain what she is doing/working on to me and to my kids. She allows us to ask questions and give our feedback. In this day and age, very few people in the service industry take time with you. With Elizabeth, we don't feel rushed. She is also incredibly knowledgeable and passionate about what she does. It's rare to meet someone that really loves their profession.

Elizabeth Jones is concerned about and performs quality dental care! I had been going to the same dentist for over 20 years. My gums were receding and I was a candidate for Periodontal disease. I've had Elizabeth clean and maintain my teeth for the last few years now. It's a 5 hour drive to her office, but I consider it worth it for the quality care we've been unable to find at other dentists. My gums are no longer receding and are much healthier than they had ever been. Elizabeth has made recommendations and educated me on using modern dental cleaning appliances. I appreciate that she keeps current of the latest techniques and educates herself to provide the best service to me her customer. Sometimes my cleaning runs slightly longer than the appointed time. She spends the time to make sure she has properly finished and discussed any questions I might have. Elizabeth has gone on to earn extra qualifications, so she is able to take xrays, and she knows how to interpret them. Even her dentist asks her opinion. All the employees in her office want her to clean their teeth because she does the best job! She's definitely My Dental hero. Oh, and the kids love coming to her, she tells the funniest stories to them, they always leave smiling.

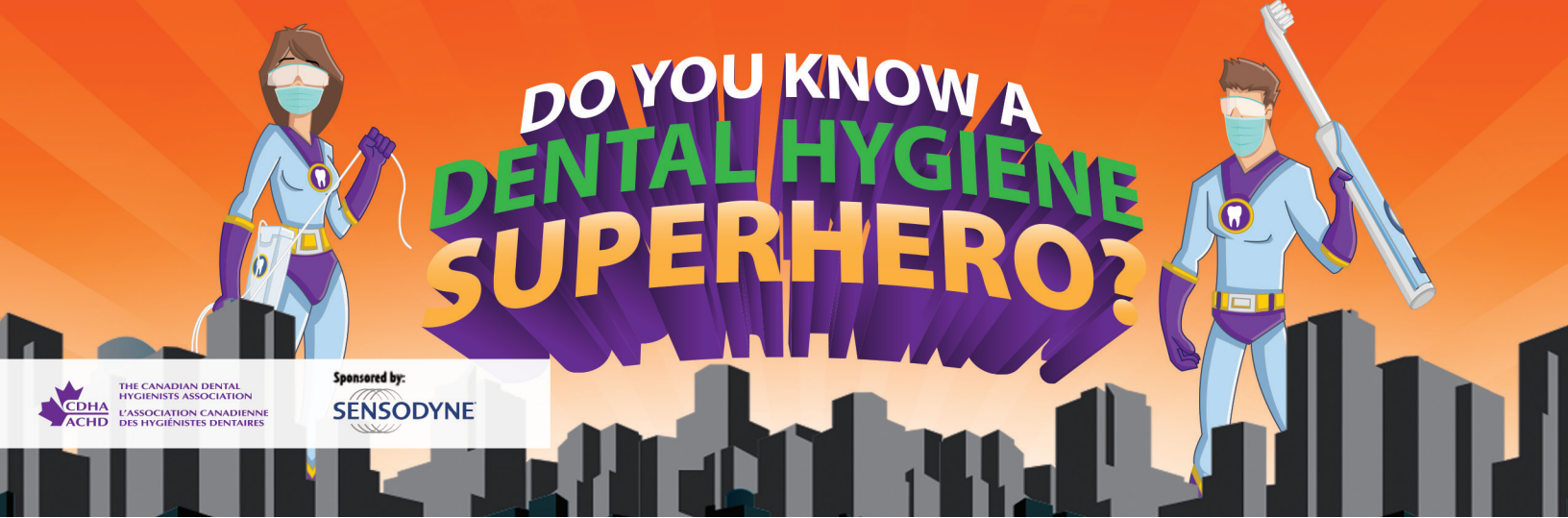


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Her mission is to value each and every patient equipping them with her knowledge in order to provide personalized care to improve oral health. She is our true superhero champion and takes great pride in her practice! She not only cleans off ALL the plaque (I now know how to judge) but she also is the most caring dental hygienist anyone could ever hope for! If she had been my dental hygienist my whole life my gums would still be solid. Elizabeth REALLY cares about her patients and the health of their teeth and gums, which of course sometimes can affect a person's physical health. I cannot emphasize enough how much Elizabeth cares about your teeth, your gums and the bone below. For those fortunate enough to see her from childhood (I have seen how amazing she is with children!) or come to her with healthy teeth and gums, she helps you maintain your health; if you come to her later in life she works SO hard to make sure any problems that had already developed do not become worse and improve if possible - she really does leap oral health obstacles in a single bound and I am living proof! Besides doing the most incredible job of cleaning and preventive care, she is an absolute fountain of knowledge - I cannot believe how she keeps up on all the very latest in dental care products and techniques (and which ones work and which do not!) as well as the latest research which she eagerly shares to help you with your oral hygiene. No matter how busy Elizabeth is, she will try to accommodate you and many times will stay late to see you. Elizabeth's DEDICATION to you and your dental well-being cannot be beat, and - SHE REALLY CARES!

Who looks forward to going to their dental Hygienist? With all honesty we can say that we certainly do. Why? Because our dental hygienist is Caring, Confident, Conscientious, Compassionate, Competent and Cheerful!



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